



healthy relationship
SIGNS

Here are some signs of a healthy relationship.
Does your partner:

- + Treat you with **FAIRNESS**?
- + **RESPECT** your opinions?
- + Support you having your own life
SEPARATE from the relationship?
- + Understand that the relationship needs
to go at **YOUR PACE**?
- + Make you **FEEL SAFE**?
- + Stay **HONEST** with you?
- + Recognize that **YOU HAVE CONTROL**
over your body?
- + Notice how you feel and **LISTEN** to you?
- + **SUPPORT** you spending time with your
own friends?
- + Treat you as an **EQUAL**?
- + Calmly **COMPROMISE**?
- + **TRUST** you?

cpcnwo.org | (800) 633-3339 | projectrespectnwo.org

